



# St Luke's C E First School

7<sup>th</sup> February  
2025

## Dates for your Diary

### February

Tuesday 11<sup>th</sup> –  
Safer Internet Day  
/ Bears Class  
Veterinarian  
Nurse visit

Wednesday 12<sup>th</sup> –  
Lions Adopt a Chef  
2<sup>nd</sup> session

Friday 14<sup>th</sup> – Break  
up for Half Term

Monday 24<sup>th</sup> –  
School Re-opens  
for Spring 2

### March

Wednesday 5<sup>th</sup> –  
PE event at school  
for Giraffes

Thursday 6<sup>th</sup> –  
World Book Day

Monday 10<sup>th</sup> –  
Lions Class visit to  
the Mosque

Tuesday 11<sup>th</sup> –  
Lions class  
Stepping Out  
Pedestrian  
Training

Wednesday 12<sup>th</sup> –  
Lions class Cross  
Country Qualifying  
Race @  
Birchensale



### **This week...**

We are almost coming to the end of Spring 1 – the last 5 weeks have gone so quickly! Next Friday we break up for half term and school reopens again to pupils on **Monday 24<sup>th</sup> February**. Our Spring 2 calendar is already looking very busy with trips, sport events, special curriculum days and visitors. It is looking particularly busy for Lions class! Please keep an eye on Class Dojo and the dates on the newsletters.

Next half term, we will also be holding our spring term parent/carer consultations. These will be held on **Tuesday 18<sup>th</sup> and Wednesday 19<sup>th</sup> March** from 3:30pm – 6:30pm. Mrs Bird will be sending out the links on the 24<sup>th</sup> February so that parents/carers can sign up for their appointments.

Please make sure you have read Mrs Burling's OPAL update letter which was posted to Class Dojo this week. After half term we will be launching 'Welly Wednesdays' and opening up the school field and so we are asking for every child to have and keep a pair of wellies in school. Thank you for your support with this.

### **Work with Me Sessions next week:**

Each session will run from 2:15pm – 3:15pm and will be an opportunity for you to review your child's work and complete an activity with them. Please remember we are unable to accommodate younger siblings at these events.

Tuesday 11<sup>th</sup> February - Tigers  
Thursday 13<sup>th</sup> February – Bears  
Wednesday 13<sup>th</sup> February – Elephants

### **Attendance:**

Our attendance to date is **95.09%**



Bears	Giraffes	Elephants	Tigers	Lions	Whole School
96.33%	98.0%	93.08%	97.93%	95.13%	96.18%

## Children's Mental Health Week

This week we have celebrated 'Children's Mental Health Awareness' week! The theme this year is:

### *Know yourself, Grow yourself*

Each class has completed activities based on this theme. Some have explored their emotions and experiences and talked about times that we have felt joyful, anxious, disgusted, scared, angry, envious and much more!

Others have been thinking about our growth mindsets and suggesting ways we can help ourselves and others to overcome fears. Please see your child's Class Dojo page for more information about what they have been talking about in class.

As it is Children's Mental Health week, it is a good opportunity to re-share the Lumi Nova APP, a new free APP to support children (aged 7-12) with anxieties, fears and worries.



Herefordshire and Worcestershire NHS have partnered with BFB Labs to offer children and young people in Herefordshire and Worcestershire free access to Lumi Nova from 1 October 2024.

Lumi Nova: Tales of Courage is a digital therapeutic mobile game supporting children with fears, worries and anxiety. Designed for children aged 7-12 years, Lumi Nova helps children to reflect on their feelings, build resilience and learn lifelong skills to self-manage their worries in a fun intergalactic adventure.

- Recommended by NICE (The National Institute for Health and Care Excellence)
- Lumi Nova offers a Gold Standard of Care by facilitating graded exposures (the active ingredient of Cognitive Behavioural Therapy) with psychoeducation
- Parent/guardian supported intervention
- Built in safeguarding & accessibility features

You can access the app here - <https://luminova.app/>

You can watch this short-animated video to learn more: <https://www.youtube.com/watch?v=mmgrU4zXU3M>

## Bears Class Dream Big Visitors

Our youngest children have enjoyed welcoming some special visitors into their classroom over the past couple of weeks. As part of their 'Dream Big' topic they have been learning about different professions they can aspire to when they are older, along with thinking about people who help us.

We would like to say thank you to Dr Shafiq and Dr Nayyer for coming in and talking about their important work, Mr Dunstan for sharing how he helps us in school and the PCSOs who joined us this week to talk about how they keep us safe.





**Thanks**

This month's think:

*If you paint over a window, is it still a window? Why? Why not?*

Some of our responses from Year 3:

"Yes, because if you wash it you can see." Denis

"It is still a window, it's just a window with paint on it." Ursula

"It's not a window because if you paint a window then you can't see out of it." JV

"It's still a window. It just has paint on it and you can wash that off." Zorain



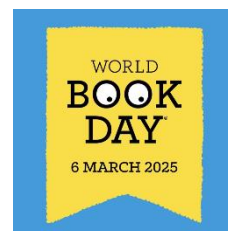
**Work with Me Sessions**

Thank you to all the parents and carers who have joined us in school this week for Lions and Giraffes Work with Me sessions – we hope you enjoyed it!



**World Book Day**

Work Book Day is taking place on Thursday 6<sup>th</sup> March. Mrs Broughton and our Reading Ambassadors are currently planning this special day and further information will be sent home very soon. I am able to tell parents/carers that for the 2<sup>nd</sup> year running, our children have chosen to have pyjama day on World Book Day! We will be celebrating all things books and reading across the day and our PTA are also hosting a special bedtime story event that week – more information to follow soon!



**St Luke's VIPs!**

This week's VIPs are: Zach (Bears), Yaseen (Giraffes), Bebe (Elephants), Zorain (Tigers) and Hannah (Lions).

## Collective Worship

In collective worship this week, we have continued to focus on our half termly theme of 'GOSPEL'. We have focused on 'E is for everyone and the children have learned about the Sermon on the Mount. We have also enjoyed a visit from Paul from Southcrest Church and Reverend Ruth from The Bridge.

In our Celebration Worship we have said "congratulations" to children impressing their teachers by showing our school values. I was delighted to hand out values certificates to Mark (Bears), Gentian (Giraffes), Emely (Elephants), Eisa (Tigers) and Aarav (Lions).

**Lunchtime Award Winners: Muhammad (Elephants) Yasmine (Giraffes)**

**OPAL Golden Welly Winner: Esme (Lions)**

Bears, Giraffes, Tigers and Lions classes have received attendance certificate of the week for attendance over 95% - well done!

## St Luke's Stars of the Week

Each week in our celebration assembly, the teachers will be choosing a pupil to recognise for their excellent work and attitude to learning. Please see Class Dojo for pictures of our 'St Luke's Stars of the Week'. We are very proud of everyone for their hard work and achievements.



Bears: Aizah for continuing to seek challenge in her learning without being prompted and Arthur for excellent effort and progress with fine motor skills and handwriting.

Giraffes: Hadi for working really hard in English and listening carefully.

Elephants: Mustafa for confidently sharing his knowledge of Islam during RE lessons.

Tigers: Oswin for his excellent work using direct speech in English this week. It was all punctuated accurately, and he even explored using the speech tag in different parts of the sentence!

Lions: MeMe for a fantastic adventure story including all of our writerly skills and application of KS2 skills and Eva for very good reasoning in Maths, matching representations to the correct word problem and suggesting why it was the most efficient way.

Please continue to send in certificates and awards from outside of school achievements so we can share them with the whole school community during our celebration worship.

