

## PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	First PE Forest School	Gymnastics Forest School	Enjoy a ball Forest School	Football fundamentals Forest School	Tennis Forest School	Athletics Olympic Dance Forest School
Year 1	Forest School Gymnastics	Multi skills Winter dance	Ball games Fairytale Dance	Social Dodgeball Gymnastics	Athletics (indoor) Yoga	Kwik cricket Orienteering
Year 2	Ball skills (12 lessons) Great Fire of London dance	Ball skills continued Gymnastics	Rugby fundamentals Gymnastics	Football fundamentals Tennis	Athletics Space dance	Fitness Orienteering
Year 3	Quicksticks Fitness	Multi skills Gymnastics	Kwik cricket Egyptian dance	Netball Gymnastics	Athletics (indoor) Romans Dance	Rounders Orienteering
Year 4	Dance (Greatest Showman) Swimming	Handball Swimming/ Gymnastics	Football Eco Warrior Dance	Dodgeball Gymnastics	Athletics Leadership	Tennis Orienteering

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Rationale:

	<b>Continuous</b>	<b>EYFS/KS1/KS2 Progression</b>	<b>Something different</b>
<b>EYFS</b>	Gymnastics x1 Dance x1 First PE Athletics	Ball skills Football Tennis	Pirate Fitness
<b>Year 1</b>	Orienteering Gymnastics x2 Dance x2 Athletics	Multi skills Ball games Dodgeball Cricket	Yoga
<b>Year 2</b>	Orienteering Gymnastics x2 Dance x2 Fitness x1 Athletics	Football Tennis Fitness	Rugby fundamentals
<b>Year 3</b>	Orienteering Gymnastics x2 Dance x2 Athletics	Multi skills Cricket Fitness	Quicksticks Hockey Netball Rounders
<b>Year 4</b>	Orienteering Gymnastics x2 Dance x2 Athletics	Multi skills Football Dodgeball Tennis	Swimming Leadership Handball

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