



ST LUKE'S CE FIRST SCHOOL  
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Thursday 12<sup>th</sup> September 2024

Dear Parents/Carers

### Year 4 Adopt a Chef Workshops

We have arranged for our Lions children to take part in a series of 'Adopt a Chef' workshops across the year, with the first one being on Thursday 26<sup>th</sup> September.

Adopt a School was founded in 1990 by the Royal Academy of Culinary Arts, a membership organisation of the country's finest chefs and hospitality professionals. Their vision is that every child learns about food in a holistic sense and has the confidence to eat well, and be healthy and happy. Their programme is designed to help children to develop positive eating habits and encourages an enthusiasm and interest in food and cooking.

The company have devised a course of one session per term, three sessions per year, delivered to the same year group. The lessons are designed to teach children the basics of food and cookery without the need for cooking facilities.

On the morning of Thursday 26<sup>th</sup> September, our Lions will be visited by chef, Idris Caldora, who will work with them during the morning. He will then return to us in the spring and summer terms to continue this programme of work.

Session costs for this are fully funded by us as a school and our chef will bring all the ingredients and equipment with him.

Please follow this link if you wish to find out additional information about the programme: <https://royalacademyofculinaryarts.org.uk/aboutaas>

During the sessions, the children will be able to sample food and drinks. I have shared individual children's dietary requirements that we hold on our internal system in school with the Adopt a Chef organisers. If you would prefer for your child not to taste anything during these sessions, please contact Mrs Hirons-Reed by Wednesday 25<sup>th</sup> September to inform her of this.

Kind Regards

*S. Baker*

Mrs S Baker  
Headteacher



HOPE



TRUST



JUSTICE



FORGIVENESS



HUMILITY



RESILIENCE