



ST LUKE'S CE FIRST SCHOOL
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Tuesday 18th November 2025

Dear Parents/Carers

I am delighted to inform you that we have secured swimming lessons with qualified swimming instructors for our Tigers class in Spring term 2026.

This has been booked with Sholfins Swim School and will take place at the swimming pool at Woodrow First School on Thursday afternoons. Sholfins will be teaching our Tigers children for 10 weekly sessions, starting on 15th January and ending on 26th March. Each child will have 10 half hour sessions as a group of 12 or 13 children with two fully qualified instructors in the water.

The aim is to provide every child the opportunity to learn such an important life skill at the highest level of instruction, and enable them to meet the national curriculum standard of each pupil being able to –

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
- Perform safe self-rescue in different water-based situations

As swimming is part of the school's Physical Education curriculum, swimming will be one of the Tigers' PE lessons each week for the 10 week block. It is school policy that the children attend swimming lessons with their class. The lessons incorporate fun and engaging activities whilst teaching water safety and encouraging confidence in the water.

The cost for swimming lessons is funded by the school. In addition to this, we ask for a £14.40 voluntary contribution from parents/carers in order to cover the transport costs. If you are eligible for pupil premium grant funding, the cost for the 10 weeks of swimming will be £8.00. Please ensure payments are made on Parent Pay by **Friday 9th January 2026**.

All children in Tigers will be included in these lessons; they will need to bring a small plastic bag/rucksack containing:

- Swimming kit – one piece, plain swimming costume for girls and swimming trunks/shorts for boys (preferably blue or black in colour)
- Towel
- Hairbrush
- Hair band for long hair – long hair must be tied up before entering the swimming pool

The children do not need to bring goggles, as these are provided by Sholfins. Please also note that the children can not swim with earrings in. All earrings must be removed at home before each swimming lesson, or alternatively, your child will be asked to remove them in school and they will be kept safe until they return from their lesson.

If you have any questions about swimming lessons, please do not hesitate to come and speak to me.

Kind Regards



Mrs S Baker
Headteacher

Please complete this slip and return to school as soon as possible:

I give permission for my child..... to attend swimming lessons.

Signed.....

Please also tick the statement which best describes your child's swimming ability

Non-swimmer (armbands)	
Can swim up to 10 metres	
Can swim 10 – 25 metres	
Can swim over 25 metres	

