

Hello everyone!

My name is Tabatha Kenny (Tabs) and I am the school's Family Support Worker.

I will be working at St Lukes one day a week from September, and I just wanted to introduce myself and let you know a few of the things that I can do to help support families.



### **You may be wondering what is the role of a Family Support Worker?**

It is to provide support where it is needed, the earlier the better, as it can help your child settle into school life. My role is to offer this early support and advice so that your child can get the most out of and enjoy their time at school.

However, we also know that sometimes things happen at home or in the wider family which can impact a child and or other family members. Issues such as illness, bereavement, redundancy, financial or housing worries. I can provide support for these things, as well as offering general parenting advice, support for emotional well-being when you are experiencing anxiety, parental separation, family conflict or friendship issues, support with school attendance, help with child development concerns, support to arrange meetings and accompanying you and help with filling in forms.

### **How Does it work?**

I may give you a call and have a chat if something has cropped up in school and we think some additional advice or support may be helpful. Or you can contact me if there is something you want to talk through with someone and you aren't quite sure where to start.

I will focus on enabling your child/children –

To be healthy!

To stay safe!

Enjoy and achieve!

Make a positive contribution!

Try new things and learn through new experiences!

Build resilience, confidence self-esteem whilst offering a nurturing environment!

### **What Kind of things might parents need support with?**

The kind of things that parents might need some early-stage support with are wide and varied. The issues may be financial, they may be to do with your child not sleeping or not eating, behaviour issues or there may be family illness or

bereavement. As parents you may require referrals to other agencies for example food banks, housing, financial agencies, Starting Well parent programmes and many more.

Whatever the issues are, support begins with a conversation. We can't help if we don't know, so please don't hesitate to use this service.

You can drop in to see me or make an appointment either by the email below or by ringing school.

Email: [FSW@endeavourschools.org](mailto:FSW@endeavourschools.org)

Telephone: 01527 541219